

Section 1: General Information

School(s) included in the assessment:

Frankenmuth School District

Month and year of current assessment: June 2025

Date of last Local Wellness Policy revision: May 2021

Website address for the wellness policy and/or information on how the public can access a copy:

<https://secure.munetrix.com/n/Michigan/Schools/BAR/Saginaw-ISD/District/Frankenmuth-School-District?banner=headingMultiYear>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

| Name | Job Title | Email Address |
|----------------|----------------|-----------------------------|
| Grant Hegenuer | Superintendent | ghegenauer@fmuthschools.com |

School Wellness Committee Members:

| Name | Job Title | Email Address |
|-----------------|----------------------------|-----------------------------|
| Kayla Surbrook | Food Service Director | ksurbrook@fmuthschools.com |
| Angela Germain | Director of Finance/HR | agermain@fmuthschools.com |
| JoLynn Clark | High School Principal | jclark@fmuthschools.com |
| Kevin Schwedler | Athletic Director | kschwedler@fmuthschools.com |
| Julie Felten | Athletic Trainer | jfelten@fmuthschools.com |
| Luke Kanine | Physical Education Teacher | lkanine@fmuthschools.com |
| Jason Vislosky | Elementary Principal | jvislosky@fmuthschools.com |
| Christine Fry | Middle School Principal | cfry@fmuthschools.com |
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Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

The Frankenmuth School District (FSD) Wellness Policy was written by NEOLA, and models the MDE Wellness Policy.

FSD Wellness Policy has goals in each of the following categories:

- ✓ Nutrition and Education Promotion
- ✓ Physical Education & Activities
- ✓ Other school-based activities that promote student wellness
- ✓ Standards and nutrition guidelines for all food and beverages on the campus during the school day
- ✓ Marketing or advertising of only foods and beverages that meet the Smart Snacks standards

FSD Wellness Policy also addresses Implementation, Assessment, Documentation and Updates.

SMART objectives are listed for each category.

District policy will be posted on our district website.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Frankenmuth School District Date: May 14, 2025

Nutrition Promotion and Education Goal(s):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|--|---|--|----------------------------------|---|--------------------------|
| Example: Food and beverages will not be used as a reward for students. | <ul style="list-style-type: none"> a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed. | Before the beginning of next school year. | <ul style="list-style-type: none"> - Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year. | Principal | Teachers, staff, students | Yes |
| The district will make water available to students throughout the day. | Students have access to a bottle filling station throughout the day and water is available in the cafeteria each day during lunch time. | Ongoing | Verify visually through self-monitoring. | Principal, Food Service Director | Teachers, Staff, Students | Yes |
| Promotion of breakfast and lunch programs | <ul style="list-style-type: none"> a) All schools will offer breakfast to all students through the Michigan School Meals Program. b) Promote breakfast by exploring additional opportunities for students to participate (e.g. Grab -n-Go & Breakfast after the first bell). | Year Round | Newsletters & emails provided by school Principals and Food Service Director. | Food Service Director | Students, Staff & Food Service Department | Yes |
| The district <i>promotes</i> healthy food & beverage choices for students. The district <i>implements</i> health food promotion by offering school meal programs. | <ul style="list-style-type: none"> a) School meal programs meet and/or exceed USDA nutritional guidelines. b) Fresh fruit and vegetables are available in the cafeteria and students are encouraged to choose at least one per meal. | Ongoing | Printed menus and daily production records. Records of reimbursable meal participation. | Director of Food Service | Food Service Staff, Students | Continuously In Progress |
| All students will receive nutrition education aligned with the MI Health Education Grade Level Content | <ul style="list-style-type: none"> a) Comply with MDE Standards. b) Offer grade appropriate curriculum in various forms including handouts, cafeteria signage, gym signage etc. | Discuss based on curriculum review cycle | Verify through student records, curriculum maps, lunch program records. | Building Principals | Teachers, Staff, Students | Continuously In Progress |

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| Expectations & the MI Merit Curriculum. | c) Curriculum requirement at secondary level. | | | | | |
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Physical Activity Goal(s):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|--|--|---|---|--|--|-------------------------------|
| Students have the opportunity to participate regularly in supervised physical activities intended to maintain physical fitness and an understanding of the benefits of a physically active or healthy lifestyle. | <ul style="list-style-type: none"> a) Physical Education program provided K-12. b) All Students 7-12 have the opportunity to participate in interscholastic sports programs. c) Recess offered at elementary level. d) Access to outdoor physical activity facilities outside the normal school day. e) Community organizations offering rec activities (e.g. Parks & Rec) f) School Clubs with an emphasis on physical activity g) Participate in "Ride Your Bike to School Day" | Ongoing – reviewed before the beginning of each school year | Student Schedules, Athletic Rosters (student participation), Outdoor Facilities open and available for use, Clubs (e.g. Snow Club), Community Education Class Offerings for students during school year/summer, Summer Recreation Programs/Events | Administrators/Principals, Community Ed Director | Teachers, Staff, Parents, Students, Community as a Whole | Ongoing & continues to evolve |

School-based activities to promote student wellness goal(s):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|---|--|--|--|---------------------------|
| Participate in state & federal child nutrition programs | a) National School Lunch Program b) School Breakfast Program | Ongoing | Participation & production records | Director of Food Service | Students, Staff, Food Service Staff | Yes, continuously offered |
| Create environments conducive to healthy eating, physical activity and conveying consistent health messages to students | a) Cafeteria spaces b) Gymnasiums c) Playground d) Restrooms | Ongoing (Spaces are continuously maintained) | Observation, (Maintenance of buildings/grounds) For example, new cafeteria additions at High School & Elementary | Admin, Maint/Cust Personnel, Principals, Food Service Director | Students, Teachers, Staff | Ongoing |
| Access to Handwashing stations before meals at the Elementary | a) Cafeteria | Ongoing, continuously maintained | Observation to ensure wash stations are being used | Principal, Cafeteria Staff, Food Service Director | Students | Yes, continuously offered |

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|--------------------------------|---|-----------------------------------|--|------------------|
| The school will ensure students have access to foods & beverages during the school day (between midnight & 30 minutes after the close of the regular school day) that comply with applicable laws and guidelines including, but not limited to, the USDA Nutrition Standards for School Meals and the USDA Smart Snacks in School Nutrition Standards | a) Any competitive food items and beverages that are available for sale to students a la carte in the dining area will comply with USDA Dietary Guidelines for Americans and the USDA Smart Snack Standards | Ongoing | Menus, purchase invoices, production records | Principals, Food Service Director | Students, Staff and Director of Food Service | Yes |

Guidelines for other foods and beverages available on the school campus, but not sold:

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|--|--------------------------------|---|---------------------------|--|------------------|
| District discourages the use of unhealthy food and beverages as a reward or incentive for performance behavior. | Provide guidance to buildings. | Ongoing | Communication with building Principals/Administrators | Principals/Administrators | Teachers, PTO, | No |

Marketing and advertising of only foods and beverages that meet Smart Snacks:

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|--|---|--|--|--------------------|--|------------------|
| In school fundraising events must comply with MDE's Non-Compliant Food Fundraiser Guidance and Policy which permits 2 fundraiser per week, per school building that does not comply with USDA Smart Snacks in School nutrition standard. In school fundraising events may last up to 1 day and may not be held in the food service area during meal times. | a) Business Office will send a communication/information to the Building Principals at the beginning of each School Year. | Before the start of each new School Year | Collect the MI Smart Snacks Exempt Fundraiser Tracker at the end of each School Year | Business Office | Principals, PTO, Teachers, Students | Yes, ongoing |