

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

General Information

School(s) included in the assessment: Laker Elementary, Laker Middle and High Schools

Month and year of current assessment: February 2025

Date of last Local Wellness Policy revision: February 11, 2025

Website address for the wellness policy and/or information on how the public can access a copy:

www.lakerschools.org

Wellness Committee Information

School Wellness Leader:

Name	Job Title	Email Address
Jon Good	Laker High School Principal	jgood@lakerschools.org

School Wellness Committee Members:

Name	Job Title	Email Address
Jill VerBurg	EPBP Lakers Superintendent	jverburg@lakerschools.org
Scott Miklovic	Laker Middle School Principal	smiklovic@lakerschools.org
Jill Reithel	Laker Elementary Principal	jreithel@lakerschools.org
Cinamon Marker	Laker Food Service Director	cmarker@lakerschools.org
Kayla Smith	Scheurer School Nurse	klsmith@lakerschools.org
Kelli Braun	Independent Accounts Specialist	Kellibraun378@gmail.com
Jena Zimmerman	Accounts Specialist – Zimmerman Electric	Jlzimm320@gmail.com
Michelle Hill	CFO & Executive Vice President-Thumb Bank & Trust	mlh@thumbbank.net
Tina Sears	SRC Coordinator	tsears@lakerschools.org
Bill Comai	Laker Athletic Director	bcomai@lakerschools.org
Marla Fox	EBPB Laker Board Secretary	mfox@lakerschools.org
Anne Ziel	Student Support Specialist	aziel@lakerschools.org

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: ElktonPigeonBayPort Laker School District

Date: 2/11/2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Promote Smart Snacks to staff and students	Provide whole grain, sugar free, nutritional ala carte items.	All year	Based on items sold	FS Director	Staff and students	Yes
Promote fruits and vegetables included in meals	Post MyPlate posters in the cafeterias on each campus; ensure each student takes a vegetable or fruit at lunch.	All year	Student survey	FS Director	Laker District	Yes
Offer different ‘tastings’ for potential menu offerings	Provide the food that is nutritional and tastes good.	Throughout the year	Student survey	FS Director	Laker District	Yes
Healthy Living Expo	Hosted by Lakers each spring	March	Survey	HD Tribune	Community	Yes
Collaborate with community resources (MSU, Schuerer)	Schedule Programs	All year	Survey			

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Provide opportunities for students to be active throughout the day	The Legacy Center is available throughout the day. The gym is available for MS lunch.	All year		AD/MS Principal	Students/Staff	Yes
Students are required to take one credit of PE for graduation						Yes
PENUT education for all 2 nd and 4 th grade students				Elementary Principal		Yes

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Decrease childhood obesity and develop lifelong healthy habits	Scheurer hospital provides a 5210 program; girls on the run; peanut program;	All year	Pre- and Post test for 5210	Scheurer hospital community wellness	Elementary students	Yes
Boost immunization scores	Pamphlets on importance of immunizations handed out at open house and KG roundup.	Throughout year	Pulled from MICR; tracked by front office staff			
Encourage adequate sleep	Guided imagery videos shown during class; link on Laker website	Throughout year	Assessed by wellness clinic nurse during visits	Nurse		

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
School meals meet USDA and state nutrition standards	Continued education and research	On going	Reviews	FS Director	Students and staff	Yes
All school buildings will offer breakfast through the National School Breakfast Program	Continued effort to reach all children with a healthy breakfast	On going	Reviewing number of students eating breakfast	FS Director	Students	Yes
Water filling stations available at all schools	Provide water bottles and opportunities to fill them	On going			Students and staff	Yes
Healthy Communities/Healthy Schools	Provide education K-12 on health and wellness.	On going		FS Director	Students and staff	Yes