

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Macomb Montessori Academy

Month and year of current assessment:

11/24/2025

Date of last Local Wellness Policy revision:

5/24/2021

Website address for the wellness policy and/or information on how the public can access a copy:

www.macombmontessoriacademy.com - Click on transparency reporting and click on wellness policy.

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

Name	Job Title	Email Address
Michelle Nighbert	Assistant Principal	michellenighbert@choiceschools.com

School Wellness Committee Members:

Name	Job Title	Email Address
Shanina Draughn	Head Of School	shaninadraughn@choiceschools.com
Deb Giddey	PK Lead Teacher	DebGiddey@choiceschools.com
Mr. Menes Steel	Operations	nez@amanicleans.com
Anthony Conte	MTTS Coordinator	AnthonyConte@choiceschools.com
Chanee Simley	Behavior Advocate	ChaneeSimley@choiceschools.com
Karina McGraw	SEL Teacher	KarinaMcGraw@choiceschools.com
Harly McMikel	Aide	HarlyMcMikel@choiceschools.com
Social Worker		
Mr. Godwin	PE Teacher	Type text here

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

- * MMA's Wellness Policy aligns quite closely with the model policy
- * Our policy includes how we connect inside the classroom and student's home lives
- * We have components of fresh food options
- * MMA is lacking formal wellness/nutrition education for families and students
- * MMA lacks communication around the importance of healthy nutrition to families

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Macomb Montessori Academy

Date: 11/24/2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Aligning cooking projects in the classroom and school community around the Montessori Philosophy	*Review scope/sequence * Meet with Social Committee * Discuss with Montessori Coach * Audit lesson plans	26/27 school year	* Lesson plan audit * Budget design	Assistant Principal	Teachers, staff, students, & Montessori Coach	In progress
School community discourage sugary drinks & snacks	Staff members will encourage students to bring healthy drinks and snacks. Reaching out fo familes if, necessary	Ongiong	Admin has verbal checks in with staff. Staff report to admin with excessive or repetitive situations	Admin Team	Teachers, TA, lunch room staff	In progress
Promte USDA Myplate guidelines	MMA staff will display MyPlate Posters in cafertia and PK lunch room.	Ongoing	Quarterly visual check ins.	Admin Team	Wellness Coordinator, Admin Teacher	In progress
Students will have access to filtered water that include a bottle filling station.	School will provide water bottles to every student. School has already incorporated Filter First Water program.	Ongoing	Water stations are already installed. We will watch for filter changes when needed.	Assistant Principal	Admin team & School Facility Team	In process

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Regular supervised physical activity for K-5	P.E class lead by PE teacher	On going	- Observtion - lesson plan review	PE Teacher	Students	In progress
Schedule recess for Pk-6	Designated recess time K-6 Mon-Friday PK - Mon - Th Upkept playgrounds	On going	Informal observation	Teachers & Teacher Aides	Students	In progress
Expose students and families to physical activities and experiences that promore lifelong health and fitness	PE teracher to introduce various sports and activities. Do more family fun physical activities that promost lifelong learing of nutrition and fitness (Fun Run)	On going	Observation & flyers	PE Teacher	Students/families and Staff	In progress

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks): N/A

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All foods brought in by students/families must be store-bought and sealed	Front office staff/teachers would review the treats/snacks that are brought into the school for classrooms, making inspections for food allergies and safety	On going	Front office Teachers Admis	Front Office Teachers Admin	Students and staff	In process
Encourage families to provide healthy options for classroom treats	Treats brought into the classroom must be healthy, store bought and sealed.	On going	Teacher will determine if the food is appropriate for the class.	Teachers	Teachers, families, students	In process
Allergies will be known by teachers, front office, and lunch staff	Allergy Training for Staff Communication will be made throughout all stakeholders	On going	Enrollment applications, family interviews, and medical forms	Front Office Teachers Admin	Front office, nutrition staff, admin, teachers	In Process

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Any food or snacks that we provide to students need to be met by the USDA standards	We will monitor for nutrition standard compliance along with our Vendors. We receive fresh fruit from our Vendor.	Ongoing	Verbal and observation check in with Vendors	Asst. Principal & Staff	Vendor, Students, Staff	In process
Fliers/posters will be sent home via Class Dojo/Facebook/Posted around building to inform parents about healthier eating and nutrition for the growing child.	Fliers/posters will be displayed and posted on Social Media	Winter 26	Visual check on social media and throughout the school.	Staff	Families & staff	In process