

**Michigan Department of Education  
Office of Health and Nutrition Services  
School Nutrition Programs**

**Local Wellness Policy:  
Triennial Assessment Summary**

## Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

## Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

## Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

## Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

## Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

[https://www.michigan.gov/mde/0,4615,7-140-66254\\_50144-194546--,00.html](https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html)

## Section 1: General Information

School(s) included in the assessment: Bradford Academy

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Month and year of current assessment: October 2025

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Date of last Local Wellness Policy revision: February 25, 2025

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Website address for the wellness policy and/or information on how the public can access a copy:  
www.bradfordacademy.com

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## Section 2: Wellness Committee Information

How often does your school wellness committee meet? Quarterly (4 times/year)

School Wellness Leader:

| Name          | Job Title                      | Email Address                  |
|---------------|--------------------------------|--------------------------------|
| LaTasha Lotts | Community Outreach Coordinator | latashalotts@choiceschools.com |

School Wellness Committee Members:

| Name           | Job Title                    | Email Address                     |
|----------------|------------------------------|-----------------------------------|
| Chloe Crosby   | Director of School Nutrition | chloecrosby@choiceschools.com     |
| Shannon Harget | GSRP Program Director        | shannonharget@choiceschools.com   |
| Jason Veitch   | K-8 Principal                | jasonveitch@choiceschools.com     |
| Phillip Price  | High School Principal        | phillipprice@choiceschools.com    |
| Cheryl Paull   | Superintendent               | cherylpaul@choiceschools.com      |
| Dion Alexander | Parent/Athletic Director     | williealexander@choiceschools.com |
| Jordan Martin  | PE/Health Teacher            | jordanmartin@choiceschools.com    |
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### Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- X Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our local wellness policy models the Michigan State Board of Education's Local School Wellness Policy. Both recognizes and acknowledge that "schools cannot achieve their primary mission of education if students and staff are not physically, mentally and socially healthy." (1)

We both believe that a LWP helps the school environment to promote students health, well-being, and ability to learn.

This is achieved by developing SMART goals in Nutrition, Physical activity & education, and Health. Along with establishing a Wellness Committee to make sure these goals and met or reevaluated.

## Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

**Tip:** When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

# Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Bradford Academy

Date: 10/21/2025

## Nutrition Promotion and Education Goal(s):

| <b>Goal</b><br>What do we want to accomplish?                             | <b>Action Steps</b><br>What activities need to happen?                                                                                                                                                           | <b>Timeline</b><br>Start dates            | <b>Measurement</b><br>How is progress measured?                                                                                                        | <b>Lead Person</b> | <b>Stakeholders</b><br>Who will be involved and/or impacted? | <b>Complete?</b> |
|---------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------------------------------------------------------|------------------|
| Example:<br>Food and beverages will not be used as a reward for students. | a) Provide teachers with list of non-food reward examples.<br>b) Discuss changes at back-to-school staff training.<br>c) Follow-up mid-year to discuss challenges and determine additional communication needed. | Before the beginning of next school year. | <ul style="list-style-type: none"> <li>– Verbal check-ins with staff to ensure compliance.</li> <li>– Teacher survey at end of school year.</li> </ul> | Principal          | Teachers, staff, students                                    | Yes              |
| Teach nutrition and health through culinary skills                        | <ol style="list-style-type: none"> <li>1. Afterschool enrichment program: curious cuisine</li> <li>2. 6 weeks cycles, 4 times per year</li> </ol>                                                                | Quarterly (every 6 weeks)                 | <ul style="list-style-type: none"> <li>-Video clips</li> <li>-Student survey</li> </ul>                                                                | Chloe Crosby       | Students, enrichment league team members                     | In process       |
| Encourage student to try different foods via taste testing's              | <ol style="list-style-type: none"> <li>3. Afterschool enrichment program: curious cuisine</li> <li>4. 6 weeks cycles, 4 times per year</li> </ol>                                                                | Quarterly (every 6 weeks)                 | <ul style="list-style-type: none"> <li>-Video clips</li> <li>-Student survey</li> </ul>                                                                | Chloe Crosby       | Students, enrichment league team members                     | In process       |
|                                                                           |                                                                                                                                                                                                                  |                                           |                                                                                                                                                        |                    |                                                              |                  |
|                                                                           |                                                                                                                                                                                                                  |                                           |                                                                                                                                                        |                    |                                                              |                  |
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| <b>Goal</b><br>What do we want to accomplish? | <b>Action Steps</b><br>What activities need to happen? | <b>Timeline</b><br>Start dates | <b>Measurement</b><br>How is progress measured? | <b>Lead Person</b> | <b>Stakeholders</b><br>Who will be involved and/or impacted? | <b>Complete?</b> |
|-----------------------------------------------|--------------------------------------------------------|--------------------------------|-------------------------------------------------|--------------------|--------------------------------------------------------------|------------------|
|                                               |                                                        |                                |                                                 |                    |                                                              |                  |
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|                                               |                                                        |                                |                                                 |                    |                                                              |                  |

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

| <b>Goal</b><br>What do we want to accomplish?                       | <b>Action Steps</b><br>What activities need to happen?             | <b>Timeline</b><br>Start dates | <b>Measurement</b><br>How is progress measured?           | <b>Lead Person</b> | <b>Stakeholders</b><br>Who will be involved and/or impacted? | <b>Complete?</b> |
|---------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------|-----------------------------------------------------------|--------------------|--------------------------------------------------------------|------------------|
| Regular supervised physical activity/Health for K-12                | 1- PE and Health classes, lead by PE teachers                      | All year                       | -grades/ participation<br>-progress reports               | PE/Health Teacher  | Students                                                     | In process       |
| Recess for k-5 , large group outside time/gross motor time for PreK | 1- designated recess time, mon-fri<br>2- monitored by teacher/aide | All year                       | -informational observation                                | Teacher/Aide       | Students                                                     | In process       |
| Planned cooperative and competitive games                           | 1- Field day<br>2- organized team sport                            | All year                       | -team growth and development of skills<br>-student survey | Staff/Coach        | Students                                                     | In process       |

**Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):**

| <b>Goal</b><br>What do we want to accomplish? | <b>Action Steps</b><br>What activities need to happen? | <b>Timeline</b><br>Start dates | <b>Measurement</b><br>How is progress measured? | <b>Lead Person</b> | <b>Stakeholders</b><br>Who will be involved and/or impacted? | <b>Complete?</b> |
|-----------------------------------------------|--------------------------------------------------------|--------------------------------|-------------------------------------------------|--------------------|--------------------------------------------------------------|------------------|
| N/A                                           |                                                        |                                |                                                 |                    |                                                              |                  |
|                                               |                                                        |                                |                                                 |                    |                                                              |                  |
|                                               |                                                        |                                |                                                 |                    |                                                              |                  |

**Guidelines for other foods and beverages available on the school campus, but not sold:**

| <b>Goal</b><br>What do we want to accomplish?                                     | <b>Action Steps</b><br>What activities need to happen?                                                                                                      | <b>Timeline</b><br>Start dates | <b>Measurement</b><br>How is progress measured?                                                                                       | <b>Lead Person</b> | <b>Stakeholders</b><br>Who will be involved and/or impacted?             | <b>Complete?</b> |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------|--------------------------------------------------------------------------|------------------|
| All foods brought in by student families must be store-bought and sealed.         | 1. Front office staff would review the treats and snacks that are brought into the school for classrooms, making inspections for food allergies and safety. | Ongoing                        | -Front office staff will report concerns to the admin team                                                                            | Front office staff | Front office staff, teachers, admin, nutrition staff, students, families | In process       |
| Teachers will encourage families to provide healthy options for classroom treats. | 1. When parents call to ask if they can bring food into a classroom for treats or celebrations<br>2. Teachers will ask for healthy food options.            | Ongoing                        | -The teacher will determine if the food is appropriate for the class. Teachers can always say no when the food arrives.               | Teachers           | Teachers, families, students                                             | In process       |
| Allergies will be known by teachers, front office, and nutrition staff            | 1. Communication will be made throughout all stakeholder staff members when families share allergy information                                              | Ongoing                        | -Enrollment applications require the reporting of all allergies.<br>-Medical forms will be created every time an allergy is reported. | Front office staff | Front office staff, nutrition staff, teachers, students, families        | In process       |

### Marketing and advertising of only foods and beverages that meet Smart Snacks:

| <b>Goal</b><br>What do we want to accomplish?                                        | <b>Action Steps</b><br>What activities need to happen?                                                                                                                                                      | <b>Timeline</b><br>Start dates | <b>Measurement</b><br>How is progress measured?                       | <b>Lead Person</b> | <b>Stakeholders</b><br>Who will be involved and/or impacted?   | <b>Complete?</b> |
|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-----------------------------------------------------------------------|--------------------|----------------------------------------------------------------|------------------|
| Any food or snacks that we provide to students need to be met by the USDA standards. | 1.Food service will monitor nutrition standard compliance by the use of our vendors and what food we order.<br>2.School receives fresh fruit and vegetables from the Fresh Fruit and vegetables from vendor | Ongoing                        | -Verbal check in with vendors and review of the food that we receive. | Nutrition staff    | Nutrition staff, vendors, admin, students                      | In process       |
| Fliers are sent home and posted to inform parents about Smart Snacks and food.       | 1.Flyers are posted on social media platforms and are displayed throughout the school.                                                                                                                      | Ongoing                        | -Verbal and visual check in with students on what they eat.           | Nutrition staff    | Nutrition staff, front office staff, admin, students, families | In process       |
|                                                                                      |                                                                                                                                                                                                             |                                |                                                                       |                    |                                                                |                  |