

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

New Branches Charter Academy

Month and year of current assessment: May 2025

Date of last Local Wellness Policy revision: Jan 2022

Website address for the wellness policy and/or information on how the public can access a copy:

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Quarterly

School Wellness Leader:

Name	Job Title	Email Address
Anita Smith	School Nutrition Director	anitasmith@choiceschools.com

School Wellness Committee Members:

Name	Job Title	Email Address
Anita Smith	School Nutrition Director	anitasmith@choiceschools.com
Michael Colago	Physical Education Teacher	michaelcolago@choiceschools.com
Jousha Bouma	PE/Health Education Teacher	joushabouma@choiceschools.com
Giny Aho	Office Manager / Parent	ginyaho@choiceschools.com
Biella Mancha	Cook / Parent	biellamancha@choiceschools.com
Frannie	Student – 7 th grade	
Brooklyn	Student – 8 th grade	

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our local wellness policy models the Michigan State Board of Education's Local School Wellness Policy. Both recognizes and acknowledge that "schools cannot achieve their primary mission of education if students and staff are not physically, mentally and socially healthy." (1)

We both believe that a LWP helps the school environment to promote students health, well-being, and ability to learn.

This is achieved by developing SMART goals in Nutrition, Physical activity & education, and Health. Along with establishing a Wellness Committee to make sure these goals and met or reevaluated.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: New Branches Charter Academy

Date: May 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Implement at least one Farm to School activities.	<ul style="list-style-type: none"> - Local products are incorporated at least once a week into the school meal program. - School host a school garden - School hosts field trips to local farms. 	Starting next school year.	<ul style="list-style-type: none"> - Verbal check-in with environmental teacher - FFVP Monthly menu 	Anita	Teachers, staff, students	
Encourage student to try different foods via taste testing's	<ul style="list-style-type: none"> - Introduce students to new fruits & veggies - Trying new breakfast of lunch ideas 		- Feedback received	Anita	Teachers, staff, students	
Teach nutrition and health through culinary skills	<ul style="list-style-type: none"> - Nutrition education provided weekly for 6 weeks via MSU Teen Cuisine 		- Survey feedback	MSU	Teachers, staff, students	

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Regular supervised physical activity for Pre-K – 8 th	- Outdoor / indoor organized or unstructured that promote physical activity	Start beginning of next school year	- Scheduled planning - Verbal check-ins with staff to ensure compliance	Michael Colago	Teachers, staff, students	
Planned cooperative and competitive games	- School wide field days -	Starting beginning of next school year	- Scheduled planning	Michael	Teachers, staff, students	

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Communication to families to encouragement in physical activities at home	- Education provided at school event -	Starting beginning of school year	Survey feedback	Michael Colago	Teachers, staff, students, parents	
Water filling stations inside our cafeteria	- Water filled and placed in café daily	Starting beginning of school year	Measure daily usage to determine value	Kitchen staff	Teacher, staff, students	

Provide preventive and restorative oral health services	<ul style="list-style-type: none"> - Provide families education on services we offer - Establish area where toothbrushes are available for students needs 	Starting beginning of school year	Measuring usage	Giny Aho	Teachers, staff, students, parents	
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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
N/A						

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Establish a share table	- Student will place snack items that they don't want in bins to be shared with others	Starting beginning of school year	- Measured by snacks not wasted	Giny	Teachers, staff, students	

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
N/A						